

Aussies produce fertility pill for men

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Australian researchers have discovered that a combination of anti-oxidants and vitamins can significantly increase a man's fertility.

The head of the research unit at Adelaide University, Dr. Kelton Tremellen, said that a tablet containing vitamins C and E, folate, zinc, lycopene and garlic oil has been found to help protect a man's sperm from damage caused by smoking and infection.

He told the Australian Broadcasting Corporation that his study showed successful pregnancies doubled among infertile couples after they took the pill.

Tremellen said while infertility often has been seen as a women's issue, infertility in men accounts for more than 50 percent of in-vitro fertilization treatments, the Australian Broadcasting Corporation reported.

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