

Study: Moderate drinking protects kidneys

August 26 2007

Drinking wine or beer may reduce the risk of kidney cancer, a Swedish study found.

Researchers at the Karolinska Institute in Stockholm surveyed 855 kidney cancer patients and a control group of 1,204 people, The Local reported. The study found that people who drink 22 ounces of alcohol a week are 40 percent less likely to develop kidney cancer.

Professor Alicja Wolk said consuming at least two glasses of red wine each week -- or the equivalent of white wine or beer -- appears to have a beneficial effect.

The results were published in the *British Journal of Cancer*.

Copyright 2007 by United Press International

Citation: Study: Moderate drinking protects kidneys (2007, August 26) retrieved 1 May 2024 from <https://medicalxpress.com/news/2007-08-moderate-kidneys.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--