

Comfort food? US ballpark to sell 4,800-calorie burger

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A baseball park in Michigan has created an artery-busting hamburger containing 4,800 calories and is daring fans to eat the "snack," promising a free t-shirt to anyone who succeeds.

In an apparent bid to cook up some [comfort food](#) during hard economic times, the West Michigan Whitecaps are offering fans a behemoth dubbed the Fifth Third [Burger](#), named after the team's ballpark and the meal's five beef patties, which each weigh one third of a pound (136 grams).

The burger is smothered with chili, salsa, sour cream and a dollop of melted nacho-style cheese -- topped off with Frito chips, lettuce, tomato and five slices of American cheese and laid out in a bun made with a pound (454 grams) of dough.

"Besides being unique and large and bizarre, it tastes good," Whitecaps president Scott Lane told the Grand Rapids News.

"I'm sure there are going to be crazies that come down and try to eat the entire thing."

In addition to weighing in at more than double the US daily recommended caloric intake, the Fifth Third Burger contains nearly 300 grams of fat, 744 milligrams of cholesterol and more than 10,000 milligrams of sodium, the paper said.

Lane shrugged off the health implications inherent in taking on the Fifth Third.

"At home, people eat healthy. When they come to a game, they might eat a hot dog."

The season opens on April 9.

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