

# NFL players promoting improved physical education

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(AP) -- NFL players are coming to Capitol Hill to tackle an important issue - physical education in schools.

The football players are getting behind legislation that is intended to improve phys ed. They are set to appear at a news conference Thursday in support of the [FIT Kids](#) Act and also plan to lead [youngsters](#) in fitness activities at the Capitol.

The bill would require schools, districts and states to report on students' [physical activity](#), and to provide health and nutritional information to kids.

Some of the players expected to attend are DeAngelo Hall, Chris Horton and Fred Smoot of the Washington Redskins and Brendon Ayanbadejo of the Baltimore Ravens.

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