

Wanted: British women to eat chocolate for a year

July 23 2009

Scientists in Britain are looking for women willing to eat chocolate every day for a year -- all in the name of medical science.

Researchers at the University of East Anglia and a hospital in Norwich, eastern England are trying to find out whether <u>chocolate</u> can cut the risk of heart disease and need 40 women to step forward and help.

Most of the <u>women</u> will have to eat two bars of "super-strength chocolate specially formulated by Belgian chocolatiers" daily for one year and undergo several tests to measure how healthy their hearts are.

The others will have to eat regular chocolate as a placebo.

One possible catch, for chocolate fans spotting an opportunity: volunteers for the research should be menopausal but aged under 75 and have type two diabetes.

Study coordinator Peter Curtis said: "A successful outcome could be the first step in developing new ways to improve the lives of people at increased risk of heart disease."

(c) 2009 AFP

Citation: Wanted: British women to eat chocolate for a year (2009, July 23) retrieved 2 May



2024 from https://medicalxpress.com/news/2009-07-british-women-chocolate-year.html

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.