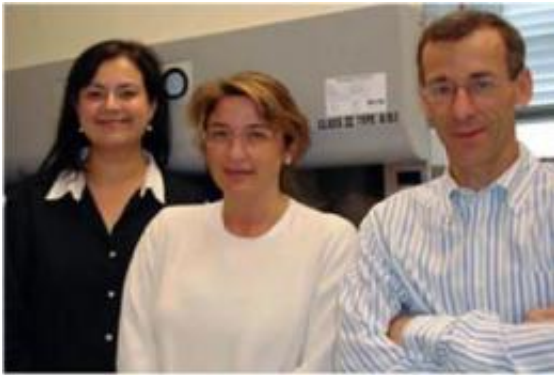


Researchers map how staph infections alter immune system

July 14 2009



Here is Dr. Monica Ardura, instructor of pediatrics and lead author of the study (left), Dr. Asuncion Mejias, assistant professor of pediatrics, and Dr. Octavio Ramilo, former professor of pediatrics and senior author. Credit: UT Southwestern Medical Center

Infectious disease specialists at UT Southwestern Medical Center have mapped the gene profiles of children with severe *Staphylococcus aureus* infections, providing crucial insight into how the human immune system is programmed to respond to this pathogen and opening new doors for improved therapeutic interventions.

In recent years, much research has focused on understanding precisely what the bacterium *S aureus* does within the host to disrupt the [immune system](#). Despite considerable advances, however, it remained unclear how the host's immune system responded to the infection and why some

people are apt to get more severe staphylococcal infections than others.

By using gene expression profiling, a process that summarizes how individual genes are being activated or suppressed in response to the infection, UT Southwestern researchers pinpointed how an individual's immune system responds to a *S. aureus* infection at the genetic level.

"The beauty of our study is that we were able to use existing technology to understand in a real clinical setting what's going on in actual humans - not models, not cells, not mice, but humans," said Dr. Monica Ardura, instructor of pediatrics at UT Southwestern and lead author of the study available online in *PLoS One*, the Public Library of Science's online journal. "We have provided the first description of a pattern of response within an individual's immune system that is very consistent, very reproducible and very intense."

The immune system consists of two components: the innate system, which provides immediate defense against infection; and the adaptive system, whose [memory cells](#) are called into action to fight off subsequent infections.

In this study, researchers extracted [ribonucleic acid](#) from a drop of blood and placed it on a special gene chip called a [microarray](#), which probes the entire human genome to determine which genes are turned on or off. They found that in children with invasive staphylococcal infections, the genes involved in the body's innate immune response are overactivated while those associated with the adaptive immune system are suppressed.

"It's a very sophisticated and complex dysregulation of the immune system, but our findings prove that there's consistency in the immune response to the staphylococcus bacterium," Dr. Ardura said. "Now that we know how the immune system responds, the question is whether we can use this to predict patient outcomes or differentiate the sickest

patients from the less sick ones. How can we use this knowledge to develop better therapies?"

Researchers used blood samples collected between 2001 and 2005 from 77 children - 53 hospitalized at Children's Medical Center Dallas with invasive *S. aureus* infections and 24 controls. The control samples were collected from healthy children attending either well-child clinic or undergoing elective surgical procedures. Children with underlying chronic diseases, immunodeficiency, multiple infections, and those who received steroids or other immunomodulatory therapies were excluded from the study.

The children ranged in age from a few months to 15 years and included 43 boys and 34 girls. Those with *S. aureus* infections - both methicillin-resistant (MRSA) and methicillin-susceptible (MSSA) - were matched with healthy controls for age, sex and race. The researchers also characterized the extent as well as the type of infection in each patient to make sure that the strain of bacteria didn't influence the results.

Dr. Ardura stressed that more research is needed because the results represent a one-time snapshot of what's going on in the cell during an invasive staphylococcal infection.

"The median time to get the blood sample was day four because we wanted to make sure the hospitalized children had a *S. aureus* infection, and it takes four days to have final identification of the bacterial pathogen," she said.

The next step, Dr. Ardura said, is to study those dynamics in patients before, during and after infection. They also hope to understand better how various staph-infection therapies affect treatment.

"This is a very important proof-of-concept that the information is there

for us to grab," Dr. Ardura said. "Now we have to begin to understand what that data tells us."

Source: UT Southwestern Medical Center ([news](#) : [web](#))

Citation: Researchers map how staph infections alter immune system (2009, July 14) retrieved 30 April 2024 from <https://medicalxpress.com/news/2009-07-staph-infections-immune.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--