

# Video: Testing Underway to Prevent Type 1 Diabetes

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(PhysOrg.com) -- Type 1 Diabetes, which affects almost 2 million individuals attacking children and young adults, is the second most common chronic condition in childhood.

People with Type 1 diabetes are born with a healthy pancreas, but then the body's [immune system](#) attacks the pancreas and sufferers must inject insulin to control their blood sugar or they die.

Years of blood sugar lows and highs can lead to blindness, kidney failure, [heart disease](#) and lower limb amputations.

Medical experts can now predict who will get Type 1 [diabetes](#) and currently medical teams at Vanderbilt are testing a way to stop the disease from developing.

One young boy is forging the way. Barb Cramer has the story in this Vanderbilt video.

Provided by Vanderbilt University

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