

Most physicians support reporting impaired, incompetent colleagues, but many do not in the situation

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A survey of physicians finds that while most support the professional commitment to report other physicians who they feel are incompetent or impaired, such as from alcohol or drug use, when faced with this situation, many did not follow through on making a report, according to a study in the July 14 issue of *JAMA*.

"Many states have mandatory reporting statutes, requiring <u>physicians</u> and other health care professionals to report to appropriate authorities those physicians whose ability to practice medicine is impaired by alcohol or <u>drug use</u> or by physical or <u>mental illness</u>," the authors write. But data suggest that the rate of reporting by physicians is far lower than it should be, given the estimated numbers of physicians who become impaired or who are otherwise incompetent to practice at some point in their careers, according to background information in the article.

Catherine M. DesRoches, Dr.P.H., of Massachusetts General Hospital, Boston, and colleagues conducted a study to assess physicians' beliefs, preparedness, and actual experiences related to colleagues who are impaired or incompetent to practice medicine. Data for the study was derived from a nationally representative survey of 2,938 eligible physicians practicing in the United States in 2009 in anesthesiology, cardiology, family practice, general surgery, internal medicine, pediatrics, and <u>psychiatry</u>. Overall, 1,891 physicians (64.4 percent) responded. Physicians were questioned regarding their beliefs about and



preparedness for reporting and experiences with colleagues who practice medicine while impaired or who are incompetent in their <u>medical</u> <u>practice</u>

Among the findings of the survey, 64 percent (n = 1,120) of surveyed physicians agreed with the professional commitment to report physicians who are significantly impaired or otherwise incompetent to practice; overall, 69 percent (n = 1,208) of physicians said they were very or somewhat prepared to deal with impaired colleagues; 64 percent (n = 1,126) of physicians overall reported being prepared to deal with colleagues who were incompetent in their medical practice, and preparedness varied by specialty and professional age. Seventeen percent (n = 309) of physicians reported having direct personal knowledge of an impaired or incompetent physician colleague in their hospital, group, or practice in the last 3 years, and 67 percent of these physicians (n = 204) reported that individual to a hospital, clinic, professional society, or other relevant authority.

According to the researchers, underrepresented minority physicians were significantly less likely than other physicians to report, as were international medical graduates compared with graduates of U.S. medical schools. Physicians working in hospitals or medical schools were more likely to report than physicians working in small practices. The most frequently cited reasons for not reporting an impaired or incompetent colleague included the belief that someone else was taking care of the problem; the belief that nothing would happen as a result of the report; fear of retribution; the belief that reporting was not their responsibility; or that the physician would be excessively punished.

"These national data regarding physicians' beliefs, preparedness, and actual experiences related to impaired and incompetent colleagues raise important questions about the ability of medicine to self-regulate. More than one-third of physicians do not completely support the fundamental



belief that physicians should report colleagues who are impaired or incompetent in their medical practice. This finding is troubling, because peer monitoring and reporting are the prime mechanisms for identifying physicians whose knowledge, skills, or attitudes are compromised," the authors write.

The researchers offer several suggestions for improving physician reporting systems, including making external regulation stronger; designing and maintaining reporting systems to protect the confidentiality of the reporting physicians; and to provide physician reporters with confidential feedback about the outcomes of any actions taken based on the report to address the concern that nothing will happen as a result of the report.

"All health care professionals, from administrative leaders to those providing clinical care, must understand the urgency of preventing impaired or incompetent colleagues from injuring patients and the need to help these physicians confront and resolve their problems. The system of reporting must facilitate, rather than impede, this process. Reliance on the current process results in patients being exposed to unacceptable levels of risk and impaired and incompetent physicians possibly not receiving the help they need," the authors conclude.

More information: *JAMA*. 2010;304[2]:187-193.

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