

In Haiti, cholera could heighten earthquake misery

October 25 2010, By JACOB KUSHNER , Associated Press Writer



The coffin of Frist Fleurant, 10, who died of cholera, sits atop a motorcycle before his burial in Rossignol, Haiti, Sunday, Oct. 24, 2010. A spreading cholera outbreak in rural Haiti threatened to outpace aid groups as they stepped up efforts hoping to keep the disease from reaching the camps of earthquake survivors in Port-au-Prince. Health officials said at least 250 people had died and there are over 3,000 sick. (AP Photo/Ramon Espinosa)

(AP) -- A cholera outbreak that already has left 250 people dead and more than 3,000 sickened is at the doorstep of an enormous potential breeding ground: the squalid camps in Port-au-Prince where 1.3 million earthquake survivors live. Health authorities and aid workers are scrambling to keep the tragedies from merging and the deaths from multiplying.

Five [cholera](#) patients have been reported in Haiti's capital, heightening

worries that the disease could reach the sprawling tent slums where abysmal hygiene, poor sanitation, and widespread poverty could rapidly spread it. But government officials said Sunday that all five apparently got cholera outside Port-au-Prince, and they voiced hope that the deadly [bacterial disease](#) could be confined to the rural areas where the outbreak originated last week.

"It's not difficult to prevent the spread to Port-au-Prince. We can prevent it," said Health Ministry director Gabriel Timothee. He said tightly limiting movement of patients and careful disposal of bodies can stave off a major medical disaster.

If efforts to keep cholera out of the camps fail, "The worst case would be that we have hundreds of thousands of people getting sick at the same time," said Claude Surena, president of the [Haiti](#) Medical Association. Cholera can cause vomiting and diarrhea so severe it can kill from dehydration in hours.

Robyn Fieser, a spokeswoman for Catholic Relief Services, said she was confident that aid groups and the Haitian government will be prepared to respond to an outbreak should it occur in the camps. But she stressed that the challenge of preventing its spread is "immense."

"There are proven methods to contain and treat cholera, so we know what we're dealing with. The biggest challenge is logistics, that is, moving massive amounts of medicine, supplies and people into place to treat them and prevent the disease from spreading," Fieser said from the neighboring Dominican Republic.

Doctors Without Borders issued a statement saying that some Port-au-Prince residents were suffering from watery diarrhea and were being treated at facilities in the capital city. Cholera infection among the patients had not been confirmed, however, and aid workers stressed that

diarrhea has not been uncommon in Port-au-Prince since the earthquake.

"Medical teams have treated many people with watery diarrhea over the last several months," Doctors Without Borders said.

Aid workers in the impoverished nation say the risk is magnified by the extreme poverty faced by people displaced by the Jan. 12 earthquake, which killed as many as 300,000 people and destroyed much of the capital city. Haitians living in the camps risk disease by failing to wash their hands, or scooping up standing water and then proceeding to wash fruits and vegetables.

"There are limited ways you can wash your hands and keep your hands washed with water in slums like we have here," said Michel Thieren, an official with the Pan-American Health Organization in Haiti. "The conditions for transmission are much higher."

Aid workers are coaching thousands of impoverished families how best to avoid cholera. Various aid groups are providing soap and water purification tablets and educating people in Port-au-Prince's camps about the importance of washing their hands.

Aid groups also began training more staff about cholera and where to direct people with symptoms. The disease had not been seen in Haiti for decades, and many people don't know about it.

Members of one grassroots Haitian organization traveled around Port-au-Prince's camps booming warnings about cholera from speakers in the bed of a pickup truck.

"Many people have become sick," announced Etant Dupain, in front of the Champs de Mars camp by Haiti's broken national palace. "If you have a family member that has diarrhea, bring them to the hospital

immediately. Have them use separate latrines."

In a promising development, aid group Partners in Health said hospital management was improving in the city at the center of the initial outbreak, St. Marc, which is about a 60-mile (95-kilometer) drive northwest of Haiti. Just 300 patients were hospitalized on Saturday, a number that has decreased by the end of each day.

A cholera treatment center in St. Marc is expected to be functional within the week, and efforts were ongoing to make clean water available in rural communities, especially those where rivers were the only source of water.

Some health experts were hopeful that they will be able to control the outbreak of cholera in impoverished Haiti.

"In a way, it couldn't have happened at a better moment than now because everyone is on the field - lots of (non-governmental organizations), lots of money. We haven't had any hurricanes so far this fall but people are here, and people are prepared," said Marc Paquette, Haiti director for the Canadian branch of Medecins du Monde.

©2010 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed.

Citation: In Haiti, cholera could heighten earthquake misery (2010, October 25) retrieved 8 May 2024 from <https://medicalxpress.com/news/2010-10-haiti-cholera-heighten-earthquake-misery.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.
