

Chance of dying early 20 percent higher in north than south England

February 15 2011

Since 1965, the chances of dying early (under 75) are a fifth higher in the north of England than the south, finds a study published in the British Medical Journal today.

An accompanying editorial says the north-south health divide is now at its widest for 40 years and warns that "the north is being decimated at the rate of a major city every decade."

The north-south health divide in England is well documented and has posed a public health challenge - as well as a political and economic challenge - to successive governments. From 2003 to 2010, the UK government had performance targets for reducing geographical inequalities in health, but there has been little research of time trends in this divide.

So, researchers at the University of Manchester and Manchester City Council set out to compare death rates between the north and south of England over four decades. They analysed deaths and [population data](#) for all residents each year from 1965 to 2008 from the five northernmost and four southernmost English regions.

Their results show that overall rates of [premature death](#) have been 14% higher in the north over the four decades. This inequality was larger for men (15%) than for women (13%).

The north experienced a fifth more premature (under age 75) deaths

than the south, and this figure changed little between 1965 and 2008.

This north-south divide decreased significantly but temporarily for both sexes from the early 80s to the late 90s, followed by a steep rise from 2000 to 2008, despite government initiatives to reduce health inequalities over this period.

Time trends also varied with age - most striking among the 20 to 34 age group, which saw a sharp rise (22%) in northern excess deaths from 1996 to 2008.

The large north-south divide has persisted despite the fact that overall mortality in England has greatly reduced since 1965 - by about 50% for men and about 40% for women with north and south both experiencing similar reductions.

"These findings point towards a severe, long-term and recently worsening structural health problem in the geography of England, which may not have received the attention it requires from government policy and which has been resistant to specific policies to reduce inequalities in health or regenerate local communities," said Professor Iain Buchan from the University of Manchester School of Community Based Medicine and Mr John Hacking from Manchester City Council's Joint Health Unit.

"More research is needed into: why policies to reduce such inequalities have failed; how the wider determinants of health may be unbalanced between north and south; and what role selective migration plays."

In an editorial also published today, Margaret Whitehead, Professor of Public Health at the University of Liverpool, and Tim Doran, Clinical Research Fellow at the University of Manchester warn that future prospects look grim. They argue that deprived northern communities

have "borne the brunt" of the current recession and that government spending cuts "will also hit hardest in the north."

They believe that the NHS must do more than pick up the pieces and call for "a national overview" of access to NHS services for different sections of the population living in different parts of the country. "Otherwise, the result could be chaos and an even wider health divide."

Provided by British Medical Journal

Citation: Chance of dying early 20 percent higher in north than south England (2011, February 15) retrieved 26 April 2024 from <https://medicalxpress.com/news/2011-02-chance-dying-early-percent-higher.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.