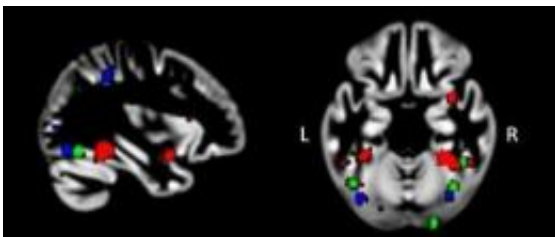


# New research explains autistic's exceptional visual abilities

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This is the spatial distribution of regions showing more task-related activity in autistics than non-autistics for the three processing domains: "faces" in red, "objects" in green, and "words" in blue. Credit: Credit: Human Brain Mapping, Wiley-Blackwell Inc.

Researchers directed by Dr. Laurent Mottron at the University of Montreal's Centre for Excellence in Pervasive Development Disorders (CETEDUM) have determined that people with autism concentrate more brain resources in the areas associated with visual detection and identification, and conversely, have less activity in the areas used to plan and control thoughts and actions. This might explain their outstanding capacities in visual tasks. The team published their findings in *Human Brain Mapping* on April 4, 2011.

Aiming to understand why autistic individuals have strong abilities in terms of processing [visual information](#), the researchers collated 15 years of data that covered the ways autistic [brain](#) works when interpreting faces, objects and written words. The data came from 26 independent

brain imaging studies that looked at a total of 357 autistic and 370 non-autistic individuals. "Through this meta-analysis, we were able to observe that autistics exhibit more activity in the temporal and occipital regions and less activity in frontal cortex than non-autistics. The identified temporal and occipital regions are typically involved in perceiving and recognizing patterns and objects. The reported frontal areas subserve higher cognitive functions such as decision making, cognitive control, planning and execution," explained first author Fabienne Samson, who is also affiliated with the CETEDUM.

"This stronger engagement of the visual processing [brain areas](#) in autism is consistent with the well documented enhanced visuo-spatial abilities in this population," Samson said. The current findings suggest a general functional reorganization of the brain in favor of perception processes – the processes by which information is recorded the brain. This allows autistic individuals to successfully perform, albeit in their own way, higher-level cognitive tasks that would usually require a strong involvement of frontal areas in typical individuals. These are tasks that require reasoning – for example, a research participant would be asked if a statement is true or false, or to categorize a range of objects into groups.

"We synthesized the results of neuroimaging studies using visual stimuli from across the world. The results are strong enough to remain true despite the variability between the research designs, samples and tasks, making the perceptual account of autistic cognition currently the most validated model," Mottron said. "The stronger engagement of the visual system, whatever the task, represents the first physiological confirmation that enhanced perceptual processing is a core feature of neural organization in this population. We now have a very strong statement about [autism](#) functioning which may be ground for cognitive accounts of autistic perception, learning, memory and reasoning." This finding shows that the autistic brain successfully adapt by reallocating brain areas to

visual perception, and offers many new lines of enquiry with regards to developmental brain plasticity and visual expertise in autistics.

Provided by University of Montreal

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