

# Scientists develop new technology for stroke rehabilitation

April 5 2011

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The new technologies will help patient rehabilitation. Credit: University of Southampton

Devices which could be used to rehabilitate the arms and hands of people who have experienced a stroke have been developed by researchers at the University of Southampton.

In a paper to be presented this week (6 April) at the Institution of Engineering and Technology (IET) Assisted Living Conference, Dr Geoff Merrett, a lecturer in electronic systems and devices, will describe the design and evaluation of three technologies which could help people who are affected by stroke to regain movement in their hand and arm.

Dr Merrett worked with Dr Sara Demain, a lecturer in [physiotherapy](#) and

Dr Cheryl Metcalf, a researcher in electronic systems and devices, to develop three 'tactile' devices which generate a realistic 'sense of touch' and sensation - mimicking those involved in everyday activities.

Dr Demain says: "Most [stroke rehabilitation](#) systems ignore the role of sensation and they only allow people repetitive movement. Our aim is to develop technology which provides people with a sense of holding something or of feeling something, like, for example, holding a hot cup of tea, and we want to integrate this with improving motor function."

Three tactile devices were developed and tested on patients who had had a [stroke](#) and on healthy participants. The devices were: a 'vibration' tactile device, which users felt provided a good indication of touch but did not really feel as if they were holding anything; a 'motor-driven squeezer' device, which users said felt like they were holding something, a bit like catching a ball; and a 'shape memory alloy' device which has thermal properties and creates a sensation like picking up a cup of tea.

Dr Merrett adds: "We now have a number of technologies, which we can use to develop sensation. This technology can be used on its own as a stand-alone system to help with sensory rehabilitation or it could be used alongside existing health technologies such as rehabilitation robots or gaming technologies which help patient rehabilitation."

**More information:** The academics' paper: Design and Qualitative Evaluation of Tactile Devices for Stroke Rehabilitation will be presented at the Institution of Engineering and Technology (IET) Assisted Living Conference. A copy of the paper can be accessed at: <http://eprints.ecs.soton.ac.uk>.

Provided by University of Southampton

Citation: Scientists develop new technology for stroke rehabilitation (2011, April 5) retrieved 4 May 2024 from <https://medicalxpress.com/news/2011-04-scientists-technology.html>

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