

Helping deaf people to enjoy music again

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Dr. Ben Oliver leads a live music workshop for cochlear implant users. Credit: University of Southampton

Researchers from the University of Southampton are investigating how to help deaf people, who have received a cochlear implant, to get more enjoyment from music.

Music professor David Nicholls and Dr Rachel van Besouw from the University's Institute of Sound and Vibration Research (ISVR) have secured a £109,000 grant from the Arts and Humanities Research Council to work with patients from the South of England Cochlear Implant Centre, based at the University.



<u>Cochlear implants</u> allow people with severe-to-profound hearing loss, who do not substantially benefit from conventional hearing aids, to perceive and understand speech. However, the current technology often cannot cope with the complexities of <u>music</u>.

"Hearing people speak again changes lives but many of our patients tell us they still can't enjoy music," explains Dr van Besouw. "They say they can hear rhythm but have problems distinguishing notes. We want to investigate ways we can help them."

Professor Nicholls adds: "I have always been interested in how music can be used in a research environment to support people. It can encourage development and self-belief and boost self-confidence. I am sure our interdisciplinary approach to the challenge will make a real difference to our patients."



Sarah Baumann, an audiological scientist from the South of England Cochlear Implant Centre, is seen here with a cochlear implant user at the music workshops. Credit: University of Southampton



Through a series of innovative music workshops, in conjunction with Southampton Community Music Project (SoCo), this project will explore aspects of music that can be appreciated by cochlear implant users through a variety of listening, computer-based and practical activities.

This knowledge will be used to guide the development of music rehabilitation materials and compositions specifically for cochlear implant users. The two-year project will conclude with a public seminar and performance at the University of Southampton.

"We want to build a computer tool kit of listening exercises that people can listen to at home, which will help them to distinguish, recognise and appreciate different musical sounds," adds Professor Nicholls.

A research assistant, Dr Ben Oliver, has been recruited to develop the programme and work with colleagues across the University and from the SoCo. "I am delighted to be working as the composer and workshop leader for this unique collaborative project", says Dr Oliver. "It is a really exciting and challenging task to compose new resources and pieces for cochlear implant users, and I hope that I will be able to come up with useful, helpful and appealing materials that will help make music more accessible."

Provided by University of Southampton

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