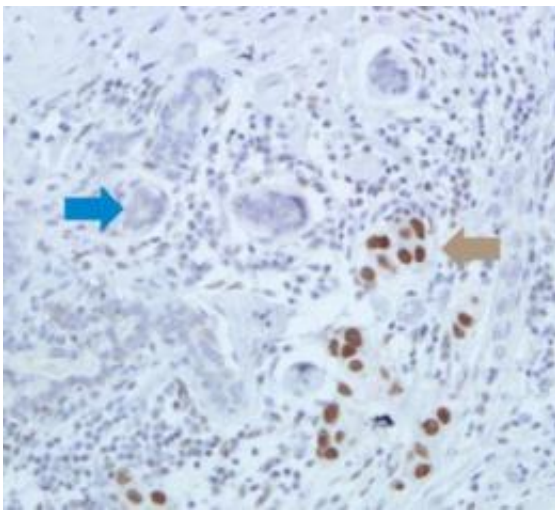


# High levels of master heat shock protein linked to poor prognosis in breast cancer patients

October 31 2011, by Nicole Giese

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This breast tissue shows both breast cancer cells (brown arrow) and normal breast epithelial cells (blue arrow). There is high expression of heat shock factor 1 protein (HSF1; stained brown) in the nuclei of tumor cells whereas normal cells have lower HSF1 expression. Nuclei without HSF1 are stained blue. In estrogen receptor (ER) positive breast cancer, the amount of HSF1 appears to be important for prognosis. High nuclear levels of HSF1 in cancer cells are associated with reduced survival while lower levels are associated with better outcome. In addition to suggesting a role in prognosis, this finding suggests that HSF1 might be a useful therapeutic target for the treatment of ER-positive breast cancer. Credit: Courtesy of PNAS.

Whitehead Institute scientists report that patients whose estrogen

receptor (ER)-positive breast cancers have high levels of the ancient cellular survival factor heat shock factor 1 (HSF1) experience poor outcomes -- including increased mortality.

According to the [American Cancer Society](#), approximately two-thirds of breast [cancer patients](#) have ER-positive tumors. Although ER-positive breast cancers are often associated with better outcomes than other breast cancer tumor types, including those that are negative for the HER-2 receptor and so-called triple negative breast cancers (those lacking estrogen, progesterone, and HER-2 receptors), patient prognoses can still vary widely.

"HSF1's relationship to prognosis [in ER-positive patients] raises the interesting possibility for diagnostic applications -- HSF1 levels may have a role in helping determine who will have a better outcome and possibly who will have a poorer response to certain drugs," says Sandro Santagata, a postdoctoral researcher in the lab of Whitehead Member Susan Lindquist and first author of the study whose results are published online this week in the *Proceedings of the National Academy of Sciences*.

The heat shock response, which is controlled by transcription factors like HSF1, enables cells to withstand temperature spikes and other stressors. Crammed with distorted and abnormal proteins, cancer cells are deviants that live in a tumor's distorted landscape; a world lacking abundant nutrients and oxygen. To survive these exceptionally stressful circumstances, many [cancer cells](#) have usurped the normally beneficial heat shock response to support their existence.

To see how HSF1 levels in cancer [cell nuclei](#) are associated with the cancer's aggressiveness, Santagata examined HSF1 levels in [breast cancer](#) tissue samples from 1,841 participants in one of the largest and longest-running epidemiological studies of women's health, the Nurses' Health Study. Santagata and colleagues at the Harvard School of Public

Health and University of Miami then looked at the relationship between HSF1 status and the participants' outcomes. Compared with ER-positive [breast cancer patients](#) with low levels of HSF1, those with high levels of HSF1 had a poorer outcome, including increased mortality. He also noted that invasive ER-positive tumors with elevated HSF1 levels tended to be larger and more aggressive than those with normal HSF1 levels.

Because of this strong link between HSF1 concentrations and prognosis, HSF1 testing could become a valuable part of the oncologist's toolkit.

"If HSF1 status can help predict which of the ER-positive patients will do well with standard treatments and which ones won't, that would be really helpful," says Santagata, who is also an instructor in pathology at Brigham and Women's Hospital. "In terms of understanding the biology, we think these findings are really important for reinforcing our interest in pursuing the [heat shock](#) response itself as a therapeutic target."

**More information:** "High levels of nuclear HSF1 are associated with poor prognosis in breast cancer" *PNAS*, published the week of October 31, 2011

Provided by Whitehead Institute for Biomedical Research

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