

## Back-street abortions on the rise, global report warns

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A long-term fall in the global abortion rate has tapered off and the number of unsafe pregnancy terminations is rising worryingly, according to a report published by *The Lancet* on Thursday.

Between 1995 and 2003, the number of abortions around the world for every 1,000 women aged between 15 and 44 fell from 35 to 29.

But in 2008, the rate was almost unchanged, at 28 per 1,000, due to a surge in abortions in developing countries.

The Lancet report also highlighted a dramatic increase in the proportion of unsafe abortions.

This rose from 44 percent of the total in 1995 to nearly one in two -- 49 percent -- in 2008, inflicting a traumatic toll in death and injury.

"The declining <u>abortion</u> trend we had seen globally has stalled, and we are also seeing a growing proportion of abortions occurring in developing countries, where the procedure is often clandestine and unsafe," said Gilda Sedgh of the Guttmacher Institute in New York.

"This is cause for concern."

The UN <u>World Health Organisation</u> (WHO) defines unsafe abortion as a pregnancy termination performed by an individual lacking the necessary skills, or in an environment that does not conform to minimal medical



standards or both.

Around the world, unsafe abortions accounted for 220 deaths per 100,000 procedures in 2008 -- 35 times the rate for legal abortions in the United States -- and for nearly one in seven of all <u>maternal deaths</u>.

Each year, around 8.5 million women in developing countries encounter abortion complications that are so serious they need medical care.

The report also sounded the alarm over widening abuse of a drug called misoprostol.

Primarily intended as a treatment for <u>gastric ulcers</u>, the drug is also licensed in France, Spain and half a dozen other countries for <u>pregnancy</u> <u>termination</u>.

It is now increasingly being used illegally in countries where there are restrictive laws on abortion, says the investigation. Incorrect doses are leading to complications such as prolonged and heavy bleeding and incomplete abortions.

In overall terms, there were 43.8 million abortions in 2008, up by 2.2 million from 2003, said the paper.

Researchers attributed this to the continuing rise in the world's population and to less use of contraception, especially in <u>developing</u> <u>countries</u>, which now account for more than three-quarters of all abortions.

Expressed as a percentage of the population of fertile women, the rate of abortions remained largely unchanged.

"This plateau coincides with a slowdown in contraceptive uptake," said



Sedgh, whose team was partnered by the WHO in the research.

"Without greater investment in quality family planning services, we can expect this trend to persist."

Eastern Europe -- where under a Communist-era legacy, terminations are freely available but contraceptive use still lags -- had the most abortions of any regions, with 43 per 1,000 women in 2008.

This was followed by the Caribbean (39 per 1,000), eastern Africa (38), central Africa and Southeast Asia (36).

The lowest abortion rates were in western Europe (12 per 1,000 women), southern Africa (15), Oceania (17), northern Africa (18) and North America (19).

For unsafe abortions, the riskiest regions were Central and South America and central and western Africa, where 100 percent of all pregnancy terminations fell into this category.

In western Europe and North America more than 99.5 percent of abortions were deemed safe.

In Asia, the picture was mixed. In East Asia, fewer than 0.5 percent of abortions were unsafe, but in south-central Asia, the share was 65 percent.

The study is based on two sources of data, with 2008 the latest year for which complete and reliable statistics were available.

Safe abortion estimates came mainly from official statistics and surveys considered to be representative of a country; unsafe abortion estimates were based on published studies, hospital records and surveys of women.



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