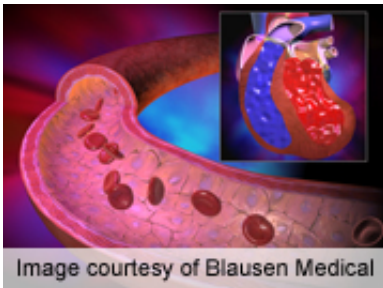


Cardiac disease risk factors prevalent among U.S. teens

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(HealthDay) -- From 1999 to 2008 the prevalence of several cardiovascular disease risk factors remained stable among U.S. adolescents, but the burden of risk factors is still considerable, according to a study published online May 21 in *Pediatrics*.

To investigate recent trends in the prevalence of selected CVD risk factors among U.S. [adolescents](#), Ashleigh L. May, Ph.D., from the U.S. [Centers for Disease Control and Prevention](#) in Atlanta, and colleagues analyzed data from 3,383 12- to 19-year-old participants from the 1999 to 2008 National Health and [Nutrition Examination Survey](#).

The researchers found that from 1999 to 2008 the overall prevalence of prehypertension/hypertension was 14 percent, borderline-high/high low-density lipoprotein (LDL) cholesterol was 22 percent, low high-density

lipoprotein cholesterol (

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