

Everything's on table in fight against obesity

May 8 2012, By LAURAN NEERGAARD, AP Medical Writer

(AP) -- In the battle against obesity, just about everything is on the table, from creating healthier kids' meals to nagging people to exercise.

Specialists meeting in Washington on Tuesday are looking for a blueprint on reducing America's weight problem as they debate what strategies should be a priority.

Today, just over a third of <u>adults</u> are obese. A government-funded study suggests that by 2030, 42 percent will be. That's not nearly as many as experts once predicted, before years of the rapid rise in <u>obesity rates</u> began leveling off. But Americans aren't getting thinner either.

Experts are looking beyond <u>government policies</u> to unusual partners. Frozen vegetable maker Birds Eye, for instance, is beginning a \$6 million campaign to encourage kids to eat their veggies.

©2012 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed.

Citation: Everything's on table in fight against obesity (2012, May 8) retrieved 6 May 2024 from <u>https://medicalxpress.com/news/2012-05-table-obesity.html</u>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.