

Racial and ethnic disparities in awareness of heart disease risk in women

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Awareness of the risks of heart disease and signs of a heart attack vary greatly among women of different racial and ethnic groups and ages. New data that clearly identify these disparities in heart health awareness are presented in an article in *Journal of Women's Health*, a peer-reviewed publication from Mary Ann Liebert, Inc., publishers. The article is available free on the *Journal of Women's Health* website.

In a pooled analysis from two [American Heart Association](#) surveys, Black and Hispanic women were 66% less likely than white women to be aware that heart disease is the leading cause of death in women, report Heidi Mochari-Greenberger, MPH, PhD, Lori Mosca, MD, MPH, PhD, New York-Presbyterian Hospital/Columbia University Medical Center (New York, NY), and Kerri Miller, MA, Harris Interactive (Amherst, NH). Women younger than 55 years of age were also less well-informed about [heart disease risk](#). Overall among women, awareness was low of the most common signs of [heart attack](#), which tend to differ from those in men, according to the article "Racial/Ethnic and Age Differences in Women's Awareness of Heart Disease."

"Clearly, education that is targeted to racial/ethnic minority and younger women about [heart disease](#) risk is needed, as well as education of all women about the signs and symptoms of a heart attack," says Susan G. Kornstein, MD, Editor-in-Chief of *Journal of Women's Health*, Executive Director of the Virginia Commonwealth University Institute for Women's Health (Richmond, VA), and President of the Academy of Women's Health.

More information: <http://www.liebertpub.com/jwh>

Provided by Mary Ann Liebert, Inc.

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