

Slow-growing melanomas lose structure, vary color with time

June 1 2012



The diameter of most slow-growing melanomas changes very little over time, but the lesions can become more disorganized, less structured, and change or develop new colors, according to a study published in the June issue of the *British Journal of Dermatology*.

(HealthDay) -- The diameter of most slow-growing melanomas (SGMs) changes very little over time, but the lesions can become more disorganized, less structured, and change or develop new colors, according to a study published in the June issue of the *British Journal of Dermatology*.

Vitaly Terushkin, M.D., of Memorial Sloan-Kettering Cancer Center in New York City, and colleagues retrospectively assessed a dermoscopic image dataset of 92 SGMs from 15 pigmented lesion clinics that were sequentially followed for one year or more. Changes in global pattern, organization, color, structure, and <u>size</u> were evaluated at baseline and follow-up.



The researchers found that, on follow-up, the dermoscopic pattern of the melanomas became more homogeneous and less reticular; the melanomas had more frequent disorganization of pattern; there was a reduction in the prominence of dermoscopic structure of pigmented network and a simultaneous increase in the prominence of areas with no structure; and they developed more melanoma-specific dermoscopic structures. Color changes included a decrease in light brown and increases in the prominence of dark brown and the frequency of new colors (red, white, grey, blue, and black). Seventy-five percent of lesions grew by less than 2 mm or remained the same size; an increase in size correlated with the total number of colors and structures.

"Physicians should pay particular attention to melanocytic lesions that, over time, become more disorganized, reveal a loss of network in favor of structureless areas, develop a negative network, and exhibit new colors such as dark brown, black, grey, blue, red, and white; in addition, one should not rely solely on change in size," the authors write.

More information: Abstract

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Citation: Slow-growing melanomas lose structure, vary color with time (2012, June 1) retrieved 20 April 2024 from

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