

Race, insurance status related to likelihood of being assessed for kidney transplantation

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Young black patients and patients without private health insurance are less likely to be assessed for a kidney transplant when they start dialysis, according to a study appearing in an upcoming issue of the *Clinical Journal of the American Society of Nephrology* (CJASN). These patients are also less likely to be put on the transplant waiting list and to receive a transplant.

A [kidney transplant](#) is the best treatment for a patient with kidney failure. When patients start dialysis, they should be assessed for a kidney transplant so they can be referred to a transplant center and be placed on the transplant waiting list if they are eligible.

In 2005, Medicare began collecting data on whether patients were informed of their transplant options when they started dialysis. When Kirsten Johansen, MD (University of California, San Francisco), Rachel Patzer, PhD (Emory University School of Medicine), and their colleagues at the USRDS Rehabilitation/Quality of Life Special Studies Center analyzed these and other data from 2005 to 2009, they found that young (

The investigators also found that patients who were not assessed at the start of dialysis were less likely to be put on the transplant waiting list and to receive a transplant. The findings may help partially explain the racial and socioeconomic disparities in access to [kidney transplantation](#) that are well documented.

"Disparities in the assessment of patients for transplant could be reduced with interventions designed to encourage providers to assess patients as early as possible in the course of late-stage [chronic kidney disease](#) and diagnosis of kidney failure," said Dr. Patzer.

More information: The article, entitled "Association of Race and Insurance Type with Delayed Assessment for Kidney Transplantation among Patients Initiating Dialysis in the U.S.," will appear online on July 26, 2012, [doi: 10.2215/CJN.13151211](https://doi.org/10.2215/CJN.13151211)

Provided by American Society of Nephrology

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