

In Washington, free HIV-AIDS testing while you wait

July 20 2012, by Robert MacPherson

Faced with the highest HIV-AIDS rates in the United States, community health activists in the nation's capital have come up with a novel way for people to save their own lives while killing time.

The Department of Motor Vehicles (DMV) office in Anacostia, southeast Washington, is the first in the country to offer [HIV tests](#) to drivers who are waiting their turn for a new license or vehicle tag.

The voluntary tests take place in a small, poster-lined office just off the DMV waiting room. They are also free -- with a \$15 discount on DMV services thrown in as an incentive.

"It's safer to know than to not know," said construction laborer Luis Angel Hough, 23, running a swab around the inside of his lips that revealed his negative [HIV status](#) in a matter of minutes.

Exploring ways to ramp up voluntary HIV testing globally is among topics to be considered at the six-day International AIDS Conference that opens Sunday in Washington.

Offering tests in public places where people find themselves waiting -- such as the Anacostia DMV office, five miles (eight kilometers) along Pennsylvania Avenue from the White House -- is one innovation.

With its low-income neighborhoods, Anacostia is the center of the HIV-AIDS epidemic in Washington, whose city-wide prevalence rate of 2.7

percent (nearly 15,000 people) exceeds that of many developing countries.

Family Medical and Counseling Service, a community health center in Anacostia, started the service in October 2010 with funding in part from Gilead Sciences, a maker of [antiretroviral drugs](#).

Since then it has tested about 9,000 people, more than through any of its other testing initiatives. It has also set up a similar facility in a food stamp office, testing 3,500 people since November last year.

"It's important to be here because it gives us an opportunity to touch a wide range of people on a daily basis," its chief operations officer Angela Fulwood Wood told AFP at the bustling DMV office.

It also "gives us an opportunity to reduce the stigma that is associated with HIV testing and with HIV in the community," she said.

Every few minutes, a member of Family and Medical Counseling Service makes a short speech in the DMV waiting room, inviting people to volunteer for a simple swab test that takes about 20 minutes to complete.

Those with negative results get a certificate saying as much. Those who are positive can get a ride immediately to another nearby office for a confirmatory blood test and medical counseling.

"This issue of people not knowing their HIV status is still substantial," said Wood, a native Washingtonian who has lost two family members to AIDS.

"We know about HIV, we know it exists, but there are still too many residents that do not know their HIV status."

In its annual HIV-AIDS report, Washington's health department said: "Men having sex with men and heterosexual contact are the two leading transmission modes of new HIV cases."

Wood confirmed that "we're seeing more heterosexual contact" resulting in HIV infection, alongside "a large number of (drug) injectors and women who have been affected through behavior related to their drug use."

Julie Bell, 39, emerged from her test very relieved, if a bit annoyed that her occasional male partner expected her to undergo the test to save him the trouble of getting tested himself.

"People live very loose lifestyles now. They change lovers like the seasons," she lamented. "You know, it (HIV) needs to be taken a little more seriously. I've been considering going celibate myself."

(c) 2012 AFP

Citation: In Washington, free HIV-AIDS testing while you wait (2012, July 20) retrieved 9 April 2024 from <https://medicalxpress.com/news/2012-07-washington-free-hiv-aids.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--