

Heart muscle cell grafts suppress arrhythmias after heart attacks in animal study

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Heart regenerative medicine researcher Dr. Michael Laflamme of the University of Washington examines beating heart cells under a microscope. Credit: Alice C. Gray

Researchers have made a major advance in efforts to regenerate damaged hearts.

Grafts of human [cardiac muscle cells](#), grown from [embryonic stem cells](#),

coupled electrically and contracted synchronously with host muscle following transplantation in guinea pig hearts.

The grafts also reduced the incidence of arrhythmias ([irregular heart rhythms](#)) in a guinea pig model of myocardial infarction (commonly known as a [heart](#) attack).

This finding from University of Washington-led research is reported in the Aug. 5 issue of *Nature*.

The paper's senior author, Dr. Michael Laflamme, said, "These results provide strong evidence that human cardiac muscle cell grafts meet physiological criteria for true heart regeneration. This supports the continued development of human embryonic stem cell-based heart therapies for both mechanical and electrical repair of the heart."

During a [myocardial infarction](#) the flow of oxygen-rich blood to the heart muscle is interrupted by formation of a clot, causing death of the down-stream heart muscle and its eventual replacement by [scar tissue](#). This can cause mechanical problems with filling and emptying the heart, and it can also interfere with the [electrical signals](#) that pace the heartbeat.

In this study, the guinea pigs' hearts had an injury to the left ventricle, the thick walled lower chamber in the heart that pumps oxygenated blood to the body. The injury left a scar and thinned the ventricle, which showed both reduced pump function and greater susceptibility to arrhythmias.

Injured hearts that received the human cardiac muscle cell grafts showed partial re-muscularization of the scarred [left ventricle](#).

Consistent with previous studies, tests showed that the injured hearts

with the human cardiac cell grafts had improved mechanical function.

More surprisingly, these hearts showed fewer arrhythmias than did injured hearts without such grafts.

"We showed a couple years ago that transplanting [human embryonic stem cell](#)-derived heart muscle cells improves the pumping activity of injured hearts," said Dr. Michael Laflamme, UW associate professor of pathology and a member of the UW Center for Cardiovascular Biology and the Institute for Stem Cell & Regenerative Medicine.

"In this recent paper," he explained, "we show that the transplantation of these cells also reduces the incidence of arrhythmias [heart rhythm disturbances]."



Frozen specimens are removed from a vat in Dr. Michael Laflamme's lab at the University of Washington, where researchers are working to regenerate damaged hearts with stem cell transplants. Credit: Alice C. Gray

Laflamme and Dr. Charles E. Murry, UW professor of pathology, bioengineering and medicine, Division of Cardiology, were the senior authors of the paper. The lead authors were Drs. Yuji Shiba and Sarah Fernandes in the UW Department of Pathology. Shiba is also from the Department of Cardiovascular Medicine at Shinshu University in Japan.

Because arrhythmias are a major cause of death in patients after a heart attack, Laflamme pointed out, this effect might be clinically useful if proven successful in large animal models as well.

Scientists had been worried that transplanting heart muscle cells derived from embryonic stem cells would promote arrhythmias.

"Instead, they suppress arrhythmias, at least in the guinea pig model," Laflamme and his team were pleased to discover.

While Laflamme and Murry had previously shown that transplanting these types of cell grafts improved pump function in injured hearts, Laflamme noted that it had not been previously determined if the grafts actually coupled and fired synchronously with heart's original muscle.

There was the possibility, he suggested, that they exerted their beneficial effects indirectly, perhaps by releasing signaling molecules, rather than by forming new force-generating units.

"In our study, we discovered that the heart cell grafts do, in fact, couple to the guinea pig hearts," he said.

The research team found the heart cell grafts electrically coupled in all of the normal, uninjured hearts into which they were transplanted, and in the majority of the injured hearts.

The researchers were able to observe this coupling by transplanting

human [heart muscle](#) cells that were genetically modified to flash every time they fired. By correlating this optical signal from the graft cells with the electrocardiogram – electrical signals from the recipient heart – the researchers were able to determine whether cell grafts were electrically coupled with the animal's heart.

Provided by University of Washington

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