

Providers needed for treatment of fatal noncommunicable diseases in Bangladesh

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Although non-communicable diseases account for a significant burden of deaths among women of reproductive age in low-income countries, little is known about how women and their families seek care for these diseases. A study conducted by researchers at the Johns Hopkins Bloomberg School of Public Health found that a majority of women who died from non-communicable diseases in rural Bangladesh between 2001 and 2007 first visited traditional healers and untrained village doctors, with only a quarter of women seeking care from medically certified providers. Families cited distance to facilities, cost of services and lack of recognition of the severity of their conditions as barriers to receiving medical care.

Using the pregnancy surveillance infrastructure of the JiVitA-1 community trial in northwest rural Bangladesh, Shegufta Sikder, a PhD candidate in the Global Disease Epidemiology and Control Program of the Department of International Health, analyzed care-seeking patterns among 250 women who suffered from fatal non-communicable diseases. Beyond the initial point of care, women appeared to switch to medically certified practitioners when treatment from non-certified providers failed to resolve their illnesses. However, the women typically reached medically certified providers in advanced stages of disease and were usually told that treatment was not possible or were referred to higher-level facilities that they could not afford to visit.

Recognizing the current global attention to non-communicable diseases following the 2011 United Nations summit on the issue, this Johns



Hopkins research highlights the importance of addressing the burden of non-communicable disease mortality among <u>adult females</u>.

"Improvements in early detection, appropriate care seeking, and service delivery are needed to advance treatment options for NCDs in resource-poor settings," said class="apple-converted-space" Alain Labrique, PhD, assistant professor in the Bloomberg School's Department of International Health and corresponding author of the study. "While maternal health and safe pregnancy remain vital to the health of women of reproductive age, increased attention is needed to addressing non-communicable diseases among this population in resource-poor settings."

"Care seeking patterns for fatal non-communicable diseases among women of reproductive age in rural northwest Bangladesh" was published in the August 2012 edition of *Biomed Central* Women's *Health* and written by Shegufta S. Sikder, Alain B. Labrique, Barkat Ullah, Sucheta Mehra, Mahbubur Rashid, Hasmot Ali, Nusrat Jahan, Abu A. Shamim, Keith P. West, Jr., and Parul Christian.

Provided by Johns Hopkins University Bloomberg School of Public Health

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