

Recent increase noted in pubic hair grooming injuries

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Allison S. Glass, M.D., of the University of California in San Francisco, and colleagues used prospectively collected data from the National Electronic [Injury](#) Surveillance System to identify incidents of genitourinary (GU) injury related to pubic hair grooming during the years 2002 to 2010.

The researchers found that, during this time period, the number of visits

reporting to the emergency department related to pubic hair grooming increased five-fold, for an estimated total of 11,704 visits. Slightly more than half (56.7 percent) of these incidents occurred in women, and the average patient age was 30.8 years. Eighty-three percent of these injuries were due to shaving razors. The most common type of injury was laceration (36.6 percent), with the external female genitalia the most common site of injury (36.0 percent). Almost all injuries (97.3 percent) were treated within the [emergency department](#) and patients were subsequently discharged.

"The [demographics](#) of patients with GU injuries from grooming products largely parallel observations about cultural changes and grooming practices in the United States. Although hair removal products account for a small proportion of GU injuries, the increasing number of incidents in both [men and women](#) is an important concern for practitioners," the authors write. "Health care practitioners should consider counseling patients against nonelectric razor use in pubic hair grooming to help prevent injury."

More information: [Abstract](#)
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