

CDC: Flu seems to level off except in the West

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New government figures show that flu cases seem to be leveling off nationwide. Flu activity is declining in most regions although still rising in the West.

The Centers for Disease Control and Prevention says hospitalizations and deaths spiked again last week, especially among the elderly. The CDC says quick treatment with antiviral medicines is important, in particular for the very young or old. The season's first flu case resistant to treatment with Tamiflu was reported Friday.

Eight more children have died from the flu, bringing this season's total [pediatric deaths](#) to 37. About 100 children die in an average [flu season](#).

There is still vaccine available although it may be hard to find. The CDC has a website that can help.

More information: CDC: www.cdc.gov/flu/

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