

Study says leafy greens top food poisoning source

January 29 2013, by Mike Stobbe

(AP)—A government study has fingered leafy green vegetables as the leading source of food poisoning illnesses.

However, the most food-related deaths were from contaminated chicken and other poultry.

The [Centers for Disease Control and Prevention](#) released the study Tuesday. It's based on an analysis of food poisoning cases from 1998 through 2008. It's the agency's most comprehensive attempt to identify which foods most often carry germs that make us sick.

The CDC estimates roughly 1 in 6 Americans—or 48 million people—gets sick from food poisoning each year. That includes 128,000 hospitalization and 3,000 deaths.

More information: CDC journal: www.cdc.gov/eid/

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