

# Less benefit for obese with lumbar disc herniation tx

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(HealthDay)—Obese patients derive less benefit from both operative and non-operative lumbar disc herniation treatment, according to a study published in the Jan. 2 issue of *The Journal of Bone & Joint Surgery*.

In an effort to examine the impact of obesity on the outcomes of treatments for [lumbar disc](#) herniation, Jeffrey A. Rihn, M.D., from the Thomas Jefferson University Hospital in Philadelphia, and colleagues compared 854 non-obese patients with a body mass index of

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