

Most youth with type 1 diabetes don't meet HbA1c goals

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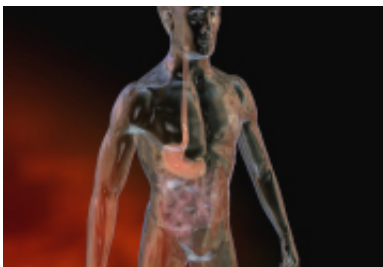


Image courtesy of Blausen Medical

Most children with type 1 diabetes have hemoglobin A1c values above target levels, according to a study published online Jan. 22 in *Diabetes Care*.

(HealthDay)—Most children with type 1 diabetes (T1D) have hemoglobin A1c (HbA1c) values above target levels, according to a study published online Jan. 22 in *Diabetes Care*.

Jamie R. Wood, M.D., from the Children's Hospital Los Angeles, and colleagues assessed the proportion of youth meeting targets for HbA1c, blood pressure, and [body mass index](#) (BMI) using data from 13,316 participants in the T1D Exchange Clinic Registry younger than 20 years old with type 1 diabetes for at least one year.

The researchers found that 64, 43, and 21 percent of participants met the [American Diabetes Association](#) HbA1c targets of

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