

# Sex differences in the normal composition of the heart may explain unique gender outcomes

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Groundbreaking new insights on the differences in cardiovascular pathophysiology between women and men will be presented by Marianne Legato, MD, a globally recognized expert in gender specific medicine, and consultant to the Women's Heart Foundation in her keynote address at the 98th Annual American Medical Women's Association (AMWA) Conference in New York City, on March 15-17, 2013.

"I will introduce unique nervous systems differences in [cardiac function](#) between women and men, and present findings that support variations in the normal composition of the heart with regard to cardiac outcomes," says Dr. Legato, clinical professor emeritus of medicine at Columbia University College of Physicians and Surgeons.

Dr. Legato calls for accelerating research to evaluate the [biological differences](#) in heart health for both sexes to gain insights into preventive care and delivery of the best possible outcomes when [coronary artery disease](#) develops.

Other topics that will be addressed during the AMWA conference range from mentoring and breaking the glass ceiling to issues in global women's health such as advances in vascular surgery, sex differences in cardiovascular disease, inflammatory skin disorders, arthritis, bleeding disorders and oncology

Provided by Sex and Gender Women's Health Collaborative

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