

# Low vitamin D levels common among spinal fusion patients

March 28 2013

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(HealthDay)—A substantially high number of patients undergoing spinal fusion have a vitamin D deficiency or inadequacy, according to a study published in the March 15 issue of *Spine*.

Geoffrey E. Stoker, from Washington University in St. Louis, and colleagues analyzed serum 25-hydroxyvitamin D levels in 313 adults undergoing [spinal fusion](#) (January 2010 to March 2011) for [degenerative disease](#) (260); deformity (99); and revision (73).

The researchers found that vitamin D inadequacy (

Citation: Low vitamin D levels common among spinal fusion patients (2013, March 28) retrieved 4 May 2024 from <https://medicalxpress.com/news/2013-03-vitamin-d-common-spinal-fusion.html>

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