

Michelle Obama challenges kids with lunch contest

April 3 2013, by Stacy A. Anderson



In this Aug. 20, 2012 file photo, First lady Michelle Obama sits with Michael Prados, left, from Louisiana, and Ilianna Gonzales-Evans, right, from Washington, and others, during the first Kids' "State Dinner," in the East Room of the White House in Washington. Children from across the nation will rub elbows with Michelle Obama and dine off fine china in the East Room of the White House this summer as part of a contest to promote healthy eating. The first lady is asking children ages 8 to 12 and their parents to create nutritious lunch recipes that represent each of the food groups for "The Healthy Lunchtime Challenge." (AP Photo/Pablo Martinez Monsivais, File)

(AP)—Children from across the nation will rub elbows with Michelle Obama and dine off fine china in the East Room of the White House this summer as part of a contest to promote healthy eating.

The [first lady](#) is asking children ages 8 to 12 and their parents to create nutritious lunch recipes that represent each of the food groups for "The Healthy Lunchtime Challenge."

Winners will travel to Washington to sample some of the original [dishes](#) at the second White House kids' "state dinner" luncheon this summer.

The deadline to submit recipes is May 12. Last year's challenge received more than 1,200 entries.

The contest, created by Epicurious.com, is a partnership among the food website, Mrs. Obama and the departments of Education and Agriculture.

More information: www.recipechallenge.epicurious.com

Copyright 2013 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed.

Citation: Michelle Obama challenges kids with lunch contest (2013, April 3) retrieved 25 April 2024 from <https://medicalxpress.com/news/2013-04-michelle-obama-kids-lunch-contest.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--