

Consumer group flags high SPF ratings on sunscreen

May 20 2013, by Matthew Perrone

(AP)—Sunbathers this summer will find new sunscreen labels that are designed to make the products more effective and easier to use.

But despite those long-awaited changes, many sunscreens continue to carry SPF ratings that some experts consider misleading and potentially dangerous, a consumer watchdog group says.

A survey of 1,400 sunscreen products by the <u>Environmental Working</u> Group finds that most meet new federal requirements. The new <u>Food</u> and <u>Drug Administration</u> rules ban terms like "waterproof," and require that sunscreens filter out both ultraviolet A and B rays. UVA rays pose the greatest risk of skin cancer and wrinkles.

Despite that broader protection, one in seven products reviewed by the watchdog group boasted <u>sun protection factor</u>, or SPF, ratings above 50, which have long been viewed with skepticism by experts.

© 2013 The Associated Press. All rights reserved.

Citation: Consumer group flags high SPF ratings on sunscreen (2013, May 20) retrieved 4 May 2024 from https://medicalxpress.com/news/2013-05-consumer-group-flags-high-spf.html

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.