

# Most endoscopic brow-lift patients satisfied with result

May 10 2013

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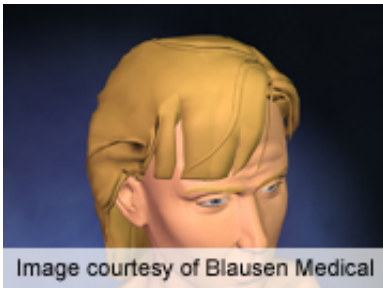


Image courtesy of Blausen Medical

The majority of patients undergoing endoscopic brow-lift are happy with the outcome and would recommend the procedure, according to research published online May 9 in *JAMA Facial Plastic Surgery*.

(HealthDay)—The majority of patients undergoing endoscopic brow-lift are happy with the outcome and would recommend the procedure, according to research published online May 9 in *JAMA Facial Plastic Surgery*.

Nicolas J. Panella, M.D., from the Wake Forest Baptist School of Medicine in Winston-Salem, N.C., and colleagues conducted a retrospective telephone survey involving 57 patients who had undergone endoscopic brow-lift or endoscopic brow-lift with concurrent rhytidectomy to examine outcomes, satisfaction, and recovery.

The researchers found that 93 percent of patients reported that the

procedure was successful and 96 percent would recommend it. Most patients were told incidentally that they looked younger and less tired (74 and 65 percent, respectively). Most patients reported an increase in their confidence (74 percent). Recovery from the surgery was good, with patients reporting analgesic requirement for less than one week (89 percent), unnoticeable scars (77 percent), and postoperative [edema](#) lasting less than two weeks (95 percent). At a site of [incision](#), 28 percent of patients reported alopecia and 63 percent of patients reported some [numbness](#). Fifty percent of the patients who reported headaches before surgery experienced an improvement in frequency or intensity. Return to normal activities in two weeks or longer was significantly more likely among patients who underwent concurrent rhytidectomy.

"Endoscopic brow-lift is well tolerated and most patients are happy with the outcome," the authors write. "Relying on patient-reported information helps us to better understand the [surgical experience](#) and to improve preoperative counseling."

**More information:** [Abstract](#)  
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