

Florida man donates 100 gallons of blood

May 30 2013

(AP)—A South Florida man has reached a rare milestone. He's donated 100 gallons of blood.

The Palm Beach Post (bit.ly/10JVcwN) reports 84-year-old Harold Mendenhall started giving blood on July 7, 1977. Last month, he logged his 100th gallon.

Mendenhall started [donating blood](#) when his wife, Frankie, was diagnosed with [breast cancer](#). When she died seven years later, Mendenhall says he was lost. He stopped by the blood bank on his way home from work. Soon he was donating six gallons a year.

He's especially coveted because he donates [blood platelets](#).

Mendenhall says giving blood helped him cope with the loss of his wife and, later, two sons.

There are other benefits to blood donation—the blood bank offers coupons for free meals at area restaurants.

© 2013 The Associated Press. All rights reserved.

Citation: Florida man donates 100 gallons of blood (2013, May 30) retrieved 3 May 2024 from <https://medicalxpress.com/news/2013-05-florida-donates-gallons-blood.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--