

Peru cracks down on junk food in schools

May 17 2013

Peru's president signed a new law Thursday designed to reduce child obesity by encouraging healthier eating habits in schools.

The law regulates advertising for fatty foods and fizzy <u>soft drinks</u> in schools, the first step in a plan to ban some junk food altogether.

Business groups, worried about their revenue, have reacted angrily to the plans.

But President Ollanta Humala told them: "We cannot view our children as simply a market to generate sales and maximize profits."

One feature of the new law is a plan to set up stands selling quinoa, an ancient and healthy Andean grain, in schools.

Advertising will be regulated to ban those that encourage immoderate consumption of food and non-alcoholic beverages loaded with <u>trans fats</u>, sugar, salt and saturated fats, the law says.

The Peruvian Economics Institute derided the law as intrusive and heavy handed.

But the Peruvian Medical Association's president Juan Villena backed it: it was as important to regulate ads for junk food as it was ads for cigarettes, he argued.

Humala has said the law has international support and puts Peru on the



cutting edge of healthy food legislation in the Andean region.

© 2013 AFP

Citation: Peru cracks down on junk food in schools (2013, May 17) retrieved 2 May 2024 from https://medicalxpress.com/news/2013-05-peru-junk-food-schools.html

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.