

Depression and nocturia may be bidirectionally linked

August 23 2013



Image courtesy of Blausen Medical

There may be a bidirectional association between depression and nocturia, according to a review published in the September issue of *The Journal of Urology*.

(HealthDay)—There may be a bidirectional association between depression and nocturia, according to a review published in the September issue of *The Journal of Urology*.

Benjamin N. Breyer, M.D., from the University of California in San Francisco, and colleagues conducted a literature review to identify abstracts and original, review, and editorial articles on nocturia and [mood disorders](#), specifically depression and anxiety.

The researchers observed a strong association between nocturia and depression/anxiety based on cross-sectional (level 3) data. A single prospective study found a unidirectional relationship with depression

leading to nocturia. Nocturia posed a greater risk for depression in men than in women. The effect of serotonin reuptake inhibitors on nocturia demonstrated conflicting results.

"Practicing clinicians should consider administering a brief self-administered scale to assess for depression in patients with nocturia," the authors write.

Several authors disclosed [financial ties](#) to the pharmaceutical industry.

More information: [Abstract](#)
[Full Text \(subscription or payment may be required\)](#)

Copyright © 2013 [HealthDay](#). All rights reserved.

Citation: Depression and nocturia may be bidirectionally linked (2013, August 23) retrieved 9 April 2024 from
<https://medicalxpress.com/news/2013-08-depression-nocturia-bidirectionally-linked.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--