

US drinking water sanitation still a concern: CDC

September 5 2013



Photo: Robin Foster

Bacteria in plumbing systems, groundwater persist in causing outbreaks.

(HealthDay)—While U.S. water sanitation has improved, bacteria-laden drinking water continues to cause disease outbreaks, according to a report released Thursday by federal health officials.

Legionella-tainted plumbing systems, untreated groundwater, and problems with distribution systems were the three main culprits identified in the 33 outbreaks reported to the U.S. Centers for Disease Control and Prevention from 2009 to 2010.

In all, unsanitary drinking water was responsible for 1,040 illnesses, 85 hospitalizations and nine deaths in 17 states during that time.

Legionella in community water systems was behind more than half of the outbreaks, while *Campylobacter* was the second most common outbreak



cause, according to the report published in the Sept. 6 issue of CDC's *Morbidity and Mortality Weekly Report.*

Although *Legionella*, which causes a severe respiratory illness known as Legionnaires' disease, led to a greater number of outbreaks, other types of bacteria resulted in more illnesses, including acute <u>gastrointestinal</u> <u>illness</u>, according to the report.

States that reported drinking water-related outbreaks were California, Florida, Georgia, Idaho, Illinois, Maine, Maryland, Minnesota, Missouri, Montana, Nevada, New York, Ohio, Pennsylvania, South Carolina, Utah and Vermont.

Identifying and correcting problems with water-distribution systems and untreated <u>groundwater systems</u> could prevent many outbreaks and illnesses, while more research is needed to learn how to better control *Legionella*, the report concludes.

More information: The U.S. Environmental Protection Agency has more about <u>groundwater and drinking water</u>.

Copyright © 2013 <u>HealthDay</u>. All rights reserved.

Citation: US drinking water sanitation still a concern: CDC (2013, September 5) retrieved 24 April 2024 from <u>https://medicalxpress.com/news/2013-09-sanitation-cdc.html</u>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.