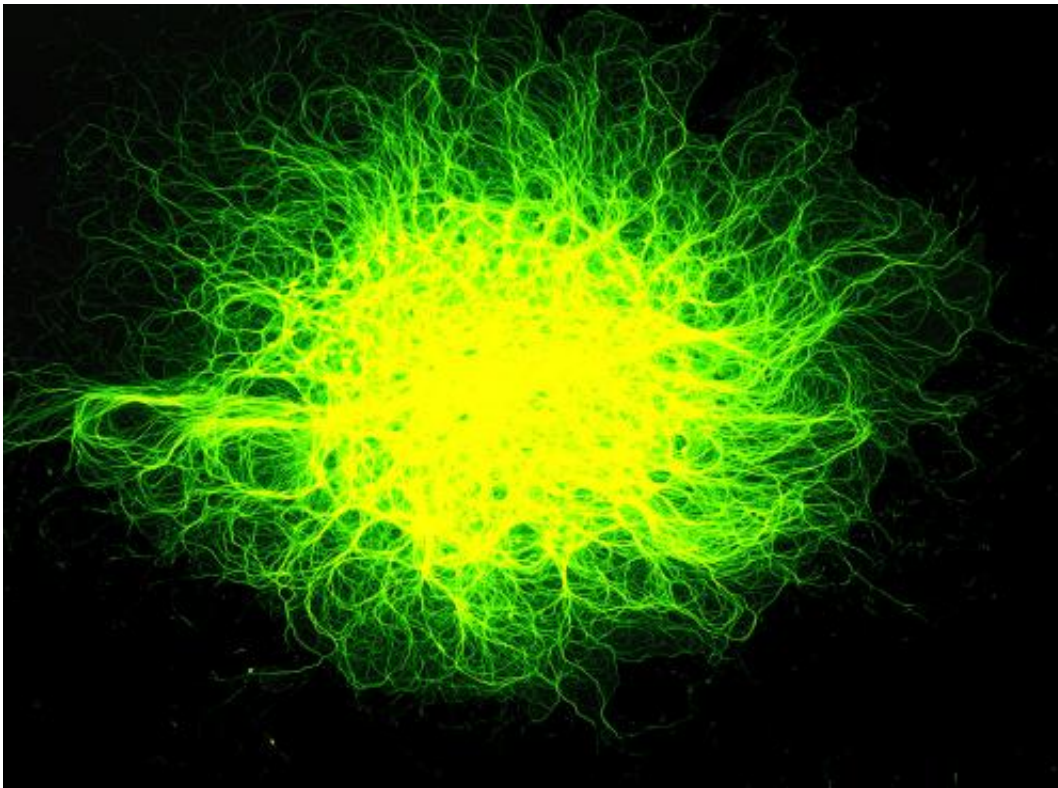


Scientists identify clue to regrowing nerve cells

November 7 2013



To study how nerve cells respond to injuries in their branches, Washington University researcher Valeria Cavalli grows them in "spots" like the one shown above. Cavalli recently identified a chain reaction that enables repair of these branches when they are cut. Credit: Yongcheol Cho, PhD

Researchers at Washington University School of Medicine in St. Louis have identified a chain reaction that triggers the regrowth of some

damaged nerve cell branches, a discovery that one day may help improve treatments for nerve injuries that can cause loss of sensation or paralysis.

The scientists also showed that [nerve cells](#) in the brain and [spinal cord](#) are missing a link in this chain reaction. The link, a protein called HDAC5, may help explain why these cells are unlikely to regrow lost branches on their own. The new research suggests that activating HDAC5 in the central nervous system may turn on regeneration of nerve cell branches in this region, where injuries often cause lasting paralysis.

"We knew several genes that contribute to the regrowth of these nerve cell branches, which are called axons, but until now we didn't know what activated the expression of these genes and, hence, the repair process," said senior author Valeria Cavalli, PhD, assistant professor of neurobiology. "This puts us a step closer to one day being able to develop treatments that enhance axon regrowth."

The research appears Nov. 7 in the journal *Cell*.

Axons are the branches of nerve cells that send messages. They typically are much longer and more vulnerable to injury than dendrites, the branches that receive messages.

In the peripheral nervous system—the network of nerve cells outside the brain and spinal column—cells sometimes naturally regenerate damaged axons. But in the central nervous system, comprised of the brain and spinal cord, injured nerve cells typically do not replace lost axons.

Working with peripheral [nervous system cells](#) grown in the laboratory, Yongcheol Cho, PhD, a postdoctoral research associate in Cavalli's laboratory, severed the cells' axons. He and his colleagues learned that this causes a surge of calcium to travel backward along the axon to the body of the cell. The surge is the first step in a series of reactions that

activate axon repair mechanisms.

In peripheral nerve cells, one of the most important steps in this chain reaction is the release of a protein, HDAC5, from the cell nucleus, the central compartment where DNA is kept. The researchers learned that after leaving the nucleus, HDAC5 turns on a number of genes involved in the regrowth process. HDAC5 also travels to the site of the injury to assist in the creation of microtubules, rigid tubes that act as support structures for the cell and help establish the structure of the replacement axon.

When the researchers genetically modified the HDAC5 gene to keep its protein trapped in the nuclei of peripheral nerve cells, axons did not regenerate in cell cultures. The scientists also showed they could encourage axon regrowth in cell cultures and in animals by dosing the cells with drugs that made it easier for HDAC5 to leave the nucleus.

When the scientists looked for the same chain reaction in central nervous system cells, they found that HDAC5 never left the nuclei of the cells and did not travel to the site of the injury. They believe that failure to get this essential player out of the nucleus may be one of the most important reasons why central [nervous system](#) cells do not regenerate axons.

"This gives us the hope that if we can find ways to manipulate this system in brain and spinal cord neurons, we can help the cells of the [central nervous system](#) regrow lost branches," Cavalli said. "We're working on that now."

Cavalli also is collaborating with Susan Mackinnon, MD, the Sydney M. Shoenberg Jr. and Robert H. Shoenberg Professor of Surgery, chief of the Division of Plastic and Reconstructive Surgery and a pioneer in [peripheral nerve](#) transplants. The two are investigating whether HDAC5 or other components of the [chain reaction](#) can be used to help restore

sensory functions in nerve grafts.

More information: Cho Y, Sloutsky R, Naegle KM, Cavalli V. Injury-induced HDAC5 nuclear export is essential for axon regeneration. *Cell*, online Nov. 7, 2013.

Provided by Washington University School of Medicine

Citation: Scientists identify clue to regrowing nerve cells (2013, November 7) retrieved 4 May 2024 from <https://medicalxpress.com/news/2013-11-scientists-clue-regrowing-nerve-cells.html>

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