

# Are younger women more likely to have and die from a heart attack?

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Young women, ages 55 years or below, are more likely to be hospitalized for an acute myocardial infarction (AMI) and to die within the first 30 days than men in the same age group, according to a new study published in *Journal of Women's Health*, a peer-reviewed publication from Mary

Ann Liebert, Inc., publishers.

In fact, although overall AMI hospitalization rates declined for both women and men from 2000-2009 in this Canadian study, the only increase was for younger women (

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