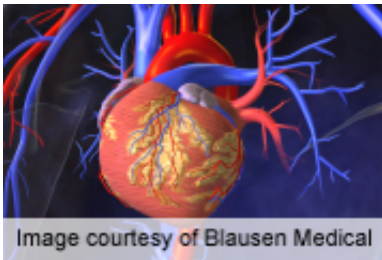


# Research IDs serious cardio events tied to energy drinks

January 17 2014

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Several adverse cardiovascular events following consumption of energy drinks have been reported in the literature, according to a review published in the Jan. 1 issue of *The American Journal of Cardiology*.

(HealthDay)—Several adverse cardiovascular events following consumption of energy drinks have been reported in the literature, according to a review published in the Jan. 1 issue of *The American Journal of Cardiology*.

Michael Goldfarb, M.D., from the McGill University Health Centre in Montreal, and colleagues conducted a literature review to identify case reports from Jan. 1, 1980, to Feb. 1, 2013, in which an acute cardiovascular event was associated temporally with energy drink consumption.

The researchers identified 14 eligible articles involving 15 cases (five atrial arrhythmias, five [ventricular arrhythmias](#), one QT prolongation,

and four ST-segment elevations). Two additional cases of [cardiac arrest](#) from the authors' institution were also included. Of the 17 total cases, 13 cases involved males, 15 cases were aged

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