

# Researchers identify key molecular components linking circadian rhythms and cell division cycles

January 14 2014

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(Medical Xpress)—Researchers at the University of Cincinnati (UC) have identified key molecular components linking circadian rhythms and cell division cycles in *Neurospora crassa*, providing insights that could lead to improved disease treatments and drug delivery.

The researchers in the UC College of Medicine Department of Molecular and Cellular Physiology, led by Christian Hong, PhD, published their findings Monday, Jan. 13, online ahead of print in *PNAS* (*Proceedings of the National Academy of Sciences*).

"Our work has large implications for the general understanding of the connection between the [cell cycle](#) and the [circadian clock](#)," says Hong, an assistant professor in the molecular and [cellular physiology](#) department who collaborated with an international team of researchers on the project.

Funding for Hong's research was provided by a four-year, \$3.7 million grant from the Defense Advanced Research Projects Agency (DARPA), an agency of the U.S. Department of Defense. He also received startup funds from UC's molecular and cellular physiology department.

The circadian rhythm, often referred to as the biological clock, is a cycle of biological activity based on a 24-hour period and generated by an internal clock synchronized to light-dark cycles and other external cues.

"Everything has a schedule, and we are interested in understanding these schedules at a molecular level," Hong says. "We also wanted to know the components that connect two different oscillators (the circadian clock and [cell division](#), or mitosis)."

Using the filamentous (thread-like) fungi *Neurospora crassa*, the researchers investigated the coupling between the cell cycle and the circadian clock using mathematical modeling and experimentally validated model-driven predictions. They demonstrated a mechanism that is conserved (constant) in *Neurospora* as in mammals, which results in circadian clock-gated mitotic cycles.

"The cell divisions happened during a certain time of day," Hong says, "and they were molecularly regulated by the mechanisms of [circadian rhythms](#)."

The researchers showed that a conserved coupling between the circadian clock and the cell cycle exists via serine/threonine protein kinase-29 (STK-29), the *Neurospora* homolog (possessing similar DNA sequence) of mammalian WEE1 kinase.

Additionally, the researchers conducted phase-shift experiments in which they transferred *Neurospora* to constant darkness, then administered a 90-minute pulse of white fluorescent light at indicated time points in order to induce phase-shift.

"We were able to show that when we phase-shift the circadian clock, we also observe phase-shifting of the cell cycle components," Hong says.

By building on experimentally validated mathematical models from *Neurospora*, researchers will be able to make predictions in other *Neurospora* strains and mammalian cells.

As Hong puts it, "This discovery will serve as a stepping stone for further investigations to uncover conserved principles of coupled mechanisms between the cell cycle and circadian rhythms."

Provided by University of Cincinnati

Citation: Researchers identify key molecular components linking circadian rhythms and cell division cycles (2014, January 14) retrieved 24 April 2024 from <https://medicalxpress.com/news/2014-01-key-molecular-components-linking-circadian.html>

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