

Reproductive rights in Spain and around the world

March 12 2014, by Bayla Ostrach



Demonstrators under a banner, during a rally against the Spanish government's bid to curb abortion rights in Madrid to mark International Women's Day on March 8. Credit: JAVIER SORIANO/AFP/Getty Images

On International Women's Day, March 8, there were women's rights demonstrations in Spain, where the government has announced a plan to outlaw nearly all abortions. Bayla Ostrach, a Ph.D. candidate in applied medical anthropology, has researched access to abortion in that nation. She discussed with Christine Buckley of the College of Liberal Arts and

Sciences the unfolding events and their global significance.

Despite a 2010 policy expanding access to abortion in Spain, an upcoming Parliament vote could ban nearly all abortions there. What triggered this change?

The 2010 reforms to the [abortion](#) laws in Spain were enacted by a then-Socialist government that was subsequently voted out a year later, when the current very conservative ruling party, the Partido Popular (PP), swept national, and most local, elections. Since the early days of its electoral campaign, the PP has stated its intention to overturn legal abortion.

The current plan, which could be approved by the PP-led Spanish Congress any day, would outlaw all pregnancy terminations for fetal malformation, even those incompatible with viability, and would only allow abortion in cases of rape – with a police report predating the pregnancy confirmation – or if the woman's life is threatened, and only in the first 12 weeks of pregnancy in either case. This would make it one of the most restrictive laws in the world. Essentially, all abortions will be illegal in Spain.

Your research focuses on access to abortion care in Spain and specifically in the community of Catalunya. What are the challenges that face women trying to access abortions in this region?

Women decide whether or not to seek an abortion within multiple layers of economic and political realities. Those who navigated the public health system in Catalunya to obtain legal abortion in the wake of the 2010 policy changes encountered delays and obstacles related to

misinformation and structural problems within the health system. Women also reported difficulties with a lack of social support, and logistical problems such as arranging travel, childcare, and time off work.

What did your research show that women have done across Spain and Catalunya to overcome the difficulties they encounter when seeking abortions?

Many women talked about "doing whatever they had to do" to seek and obtain care – they saw themselves as "superwomen" who could do whatever it took to get the medical care they felt they needed. Women sought abortion after evaluating the economic and social resources they had in their lives. Many women repeated, almost verbatim, "I'd rather have one child and care for him/her well, than have two that go hungry," and related this idea to the crisis and to the constant threats to the abortion reforms.

What would the restriction on abortion access proposed by the Partido Popular mean for Spain's women?

Any restriction on legal abortion measurably increases the likelihood that women will die or be seriously injured by illegal and clandestine abortion. Deaths and injuries from [unsafe abortion](#), and the overall rate of abortion, are in fact higher in countries where the procedure is illegal, heavily restricted, or even just very stigmatized. More immediately, women in Spain and Catalunya who need an abortion may try to raise funds to travel to England or the U.S. to obtain the procedure, potentially creating a multi-tiered system in which women with financial resources will scramble to get care outside of their own countries, and women

without money will be left at the mercy of clandestine providers.

We also know that denying women a wanted abortion increases the likelihood that these women and their resulting children will end up in poverty, or remain in poverty. The same studies have found that women who are denied a wanted abortion are more likely to be in a situation of intimate partner violence years later.

What impact do you think outlawing abortion in Spain may have on the abortion debate in other countries around the world?

Threats to abortion access in Spain should be seen as part of growing global threats to women's health worldwide. The proposal in Spain is part of a trend of increasing reproductive governance seen everywhere from the U.S., where successful right-wing efforts led to the exclusion of abortion from Affordable Care Act coverage, to international cases of women dying or nearly dying after being denied abortion. With more than 200 abortion restrictions enacted in the U.S. in 2013; 56 percent of women living in a state with at least four types of abortion restrictions; and only 16 states guaranteeing public funding for abortion, [women](#) here should view the move to overturn the right to legal abortion in Spain as a dramatic cautionary tale.

Provided by University of Connecticut

Citation: Reproductive rights in Spain and around the world (2014, March 12) retrieved 6 May 2024 from <https://medicalxpress.com/news/2014-03-reproductive-rights-spain-world.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.