

New scale useful for predicting sick leave for back pain

April 23 2014



Image courtesy of Blausen Medical

(HealthDay)—A new user-friendly 10-item rating scale is useful for predicting the duration of sick leave in patients with acute lumbar back pain, according to a study published in the April 20 issue of *Spine*.

Robert Pind, M.D., from Klinikgaarden in Bjerringbro, Denmark, developed a user-friendly 10-item questionnaire to predict duration of [sick leave](#). Patients were compared based on ratings of no sick leave or a few days of sick leave; one week of sick leave; and more than two weeks of sick leave.

The researcher found that, based on 23 doctors' examinations of the 114 working patients that completed the follow-up questionnaire, the 10-item scale showed a good correlation between the total score at the first general practitioner visit and predictable time of sick leave. There was

low frequency of [bed rest](#) and referral to radiographical examination, and this may have been as a consequence of using the scale.

"The specially developed short and user-friendly 10-item [low back pain](#) scale was a good predictor of the duration of sick leave," the authors write.

More information: [Abstract](#)
[Full Text \(subscription or payment may be required\)](#)

Copyright © 2014 [HealthDay](#). All rights reserved.

Citation: New scale useful for predicting sick leave for back pain (2014, April 23) retrieved 5 May 2024 from <https://medicalxpress.com/news/2014-04-scale-sick-pain.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.