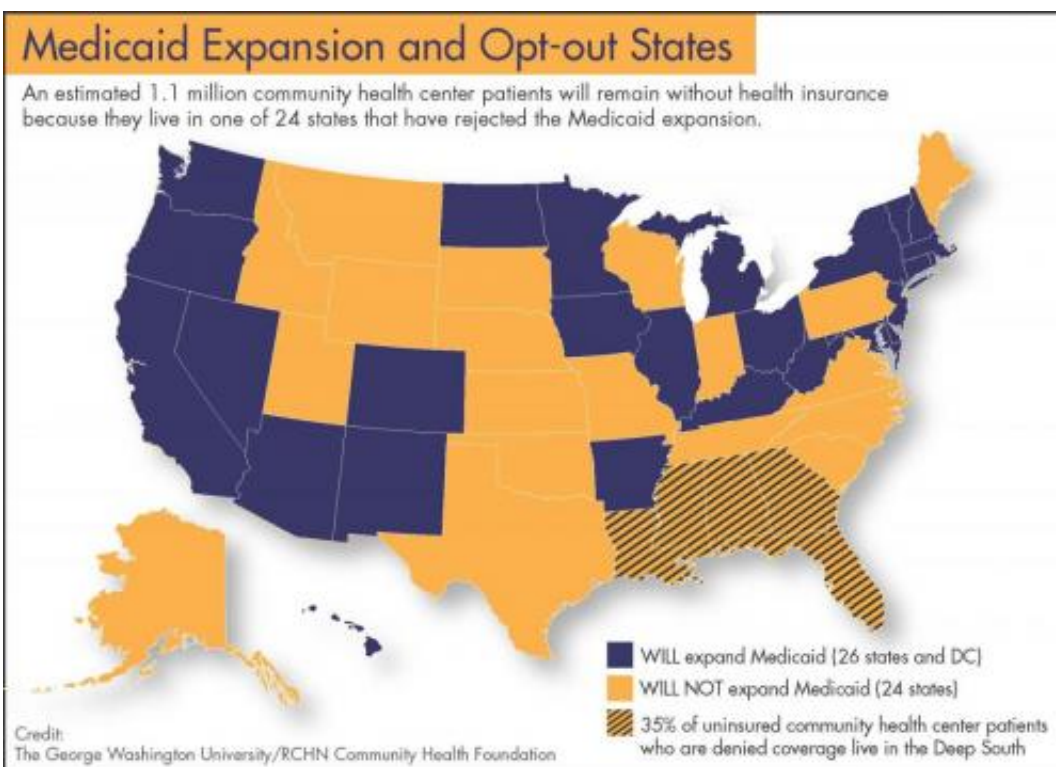


States opting out of Medicaid leave 1.1 million community health center patients without health insurance

May 9 2014



An estimated 1.1 million community health center patients will remain without health insurance because they live in one of 24 states that have rejected the Medicaid expansion. Credit: The George Washington University/RCHN Community Health Foundation

An estimated 1.1 million community health center patients are left

without the benefits of health coverage simply because they live in one of 24 states that have opted out of the Medicaid expansion, a key part of the Affordable Care Act (ACA), according to a new report.

The research, by the Geiger Gibson/RCHN Community Health Foundation Research Collaborative at Milken Institute School of Public Health (Milken Institute SPH) at the George Washington University also shows that the vast majority (71 percent) of the 1.1 million patients left behind live in just 11 southern [states](#) (AL, FL, GA, LA, MS, NC, OK, SC, TN, TX, VA).

"These low-income patients, many of them living in the South, already face significant challenges to obtaining [health](#) care," says lead author Peter Shin, PhD, MPH, director of the Geiger Gibson Program in Community Health Policy and an associate professor of health policy at Milken Institute SPH. "Our analysis suggests these patients will remain without access to affordable insurance, which will almost certainly lead to delays in care and the risk of more serious health conditions."

The new report updates earlier estimates to reflect health center growth between 2011 and 2012 as reported in the Uniform Data System. This latest analysis, like the previous one which was published in 2013, examines what happens to [community health](#) centers and their patients in both the Medicaid expansion states, including New Hampshire, which recently decided to expand Medicaid—as well as the 24 states that have continued to reject the Medicaid expansion.

In 2012, community [health centers](#) served 20.7 million patients in 8,000 medically underserved communities throughout the United States. Community health center patients tend to be uninsured or underinsured and they are typically much poorer than uninsured patients generally.

Shin and his colleagues estimate that the ACA would have helped 5.2

million out of a total of 7.5 million uninsured community health center patients to gain health coverage either by buying affordable policies or qualifying for Medicaid under the expansion programs. However, 1.1 million of the 5.2 million who could have gained coverage will remain uninsured due to states' decisions to opt out of the Medicaid expansion.

This report also shows that of the 1.1 million community health center patients left struggling without insurance, 35 percent live in just five opt-out states (AL, FL, GA, LA, MS).

"Health center patients living in the South remain disproportionately affected by the failure to expand Medicaid," says Sara Rosenbaum, JD, the Harold and Jane Hirsh Professor of Health Law and Policy at Milken Institute SPH. "Of the community health center patients denied coverage by virtue of their zip code, most live in the south and more than one third lives in the Deep South." Poor, minority patients in these states already face troubling disparities in health and health care. The decision to reject the Medicaid expansion threatens to make those disparities even worse, the report says.

The analysis also shows that health centers in the opt-out states will likely forgo over half a billion dollars (\$569 million) in revenues they would have received under a Medicaid expansion. The loss of potential revenues presents significant challenges to these health centers, which already struggle to care for rising numbers of uninsured patients. In addition, the loss of federal revenues associated with an expansion also means these health centers will not be able to expand into areas that lack access to health care, the report says.

"While the number of uninsured Americans is going down across the nation thanks to the Affordable Care Act, the number of uninsured or underinsured patients seeking care at community health centers continues to grow," says Feygele Jacobs, president and CEO of the

RCHN Community Health Foundation. "By rejecting Medicaid expansion, these states are leaving our safety net health care system and the patients it serves in jeopardy."

Community health centers in states that have expanded Medicaid face a very different future with 2.9 million [uninsured patients](#) in the expansion states gaining [health coverage](#) in 2014, according to the researchers. The increase in insurance payments will generate potential revenues of \$2.1 billion in 2014, which help to pay for physicians, nurses, care for [patients](#)—and to further expand into isolated communities without access to crucial [health care](#) services.

Provided by George Washington University

Citation: States opting out of Medicaid leave 1.1 million community health center patients without health insurance (2014, May 9) retrieved 21 May 2024 from <https://medicalxpress.com/news/2014-05-states-opting-medicaid-million-health.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--