

# Low vitamin D levels tied to increased cancer risk in IBD

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(HealthDay)—Low plasma levels of 25-hydroxyvitamin D (25[OH]D) are associated with an increased risk of cancer in patients with inflammatory bowel diseases (IBD), according to a study published in the May issue of *Clinical Gastroenterology and Hepatology*.

Ashwin N. Ananthakrishnan, M.B.B.S., from Massachusetts General Hospital in Boston, and colleagues examined the correlation between plasma level of 25(OH)D and risk of [cancer](#) in 2,809 patients with IBD. Participants from a multi-institutional cohort had at least one measurement of plasma 25(OH)D.

The researchers found that the median 25(OH)D plasma level was 26 ng/mL, with nearly one-third of patients having deficient levels of vitamin D (

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