

Dietary interventions effective for eosinophilic esophagitis

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(HealthDay)—For patients with eosinophilic esophagitis (EoE), dietary interventions can be effective for producing histologic remission, according to a review published in the June issue of *Gastroenterology*.

Ángel Arias, from Complejo Hospitalario La Mancha Centro in Alcázar de San Juan, Spain, and colleagues conducted a systematic literature review to identify studies investigating the efficacy of dietary interventions for EoE. Diet efficacy was considered reducing infiltration by [immune cells](#)

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