

Can your pet give you an antibiotic-resistant disease?

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You may think twice before letting your dog give you a big slobbery kiss following the funding of new research into how pets may transmit antibiotic resistant infections to humans.

Massey University veterinary public health specialist Professor Nigel French has been granted \$1,126,725 for the three-year project from the

\$78m in funding announced today by New Zealand's Health Research Council.

Professor French says the increasing use of antibiotics in animals may be contributing to the global issue of antimicrobial resistance. "We will be looking at the risks pets may pose in the transmission of these bacterial diseases that have been identified by the World Health Organisation as a huge and growing public issue."

He says there is concern about an increase in the incidence of two particular types of [antibiotic resistant bacteria](#) in New Zealand that commonly cause [urinary tract infections](#).

Professor French says the [resistant infections](#) have been found in most household pets and the bacteria is spread by fluids and faeces. "Animals clean their backside by licking it, so they can get faecal contamination in their mouth and then lick humans. That's how the infection could be transmitted."

"It underlines what most people already know – you shouldn't let your dog lick your face. If the dog licks your hands you should wash your hands afterwards. It's basically hand-hygiene and avoiding too intimate contact with your pet," Professor French says.



Professor Nigel French

Professor French says the study is particularly important because of New Zealanders' affection for pets. A 2011 study by the New Zealand Companion Animal Council has estimated that Kiwis have the highest pet ownership in the world per capita, with 68 per cent of households owning an animal companion. Almost half of those own an average of two cats and a third of all households own a dog. There were 1.4 million household cats and 700,000 [dogs](#) in 2011.

Provided by Massey University

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