

# Drinking coffee, smoking may protect against cholangitis

July 8 2014

---



Image courtesy of Blausen Medical

(HealthDay)—Coffee consumption and smoking might protect against the development of primary sclerosing cholangitis (PSC), according to a study published in the June issue of *Clinical Gastroenterology and Hepatology*.

Ina Marie Andersen, from the Oslo University Hospital in Norway, and colleagues distributed a questionnaire to 240 patients with PSC as well as 245 randomly chosen individuals from the Norwegian Bone Marrow Donor Registry ([control subjects](#)).

The researchers found that a lower proportion of patients with PSC were daily coffee drinkers than control subjects, both currently (76 versus 86 percent; odds ratio [OR], 0.52;  $P = 0.006$ ) and at the age of 18 years (35 versus 49 percent; OR, 0.58;  $P = 0.003$ ). Differences among men mainly

accounted for these associations. In patients, 20 percent were ever (current or former) daily smokers, compared with 43 percent of control subjects (OR, 0.33; P

"Coffee consumption and smoking might protect against development of PSC," the authors write.

**More information:** [Abstract](#)  
[Full Text \(subscription or payment may be required\)](#)

Copyright © 2014 [HealthDay](#). All rights reserved.

Citation: Drinking coffee, smoking may protect against cholangitis (2014, July 8) retrieved 30 April 2024 from <https://medicalxpress.com/news/2014-07-coffee-cholangitis.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--