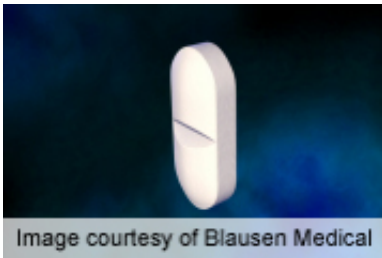


Antidepressants vary in their contribution to weight gain

August 11 2014



(HealthDay)—Antidepressants vary modestly in the likelihood of contributing to weight gain, according to a study published in the August issue of *JAMA Psychiatry*.

Sarah R. Blumenthal, from Massachusetts General Hospital in Boston, and colleagues identified 22,610 [adult patients](#) of a large New England health care system who began receiving an index antidepressant prescription and had available weight data in [electronic health records](#).

In models adjusting for sociodemographic and clinical features, the researchers observed a significantly decreased rate of weight gain in individuals treated with bupropion ($P = 0.02$), amitriptyline ($P = 0.001$), and nortriptyline (P

"Antidepressants differ modestly in their propensity to contribute to

[weight gain](#)," the authors write. "Short-term investigations may be insufficient to characterize and differentiate this risk."

Several authors disclosed financial ties to the pharmaceutical industry.

More information: [Abstract](#)
[Full Text \(subscription or payment may be required\)](#)

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