

# Promising new cancer therapy uses molecular 'Trash Man' to exploit a common cancer defense

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While many scientists are trying to prevent the onset of a cancer defense mechanism known as autophagy, researchers at Virginia Commonwealth University Massey Cancer Center are leveraging it in a new therapy that causes the process to culminate in cell death rather than survival. The novel treatment strategy targets the p62 protein, which is often referred to as the "Trash Man" due to its role in disposing unwanted cellular proteins during autophagy. Results from preclinical experiments suggest this experimental treatment approach could be particularly effective against multiple myeloma and potentially other forms of blood cancers.

Cancer therapies cause unwanted proteins to accumulate in cancer cells, which can trigger a form of cell suicide known as apoptosis. To survive, the cells break down the excess proteins through [autophagy](#), from a Greek term meaning "self eating." In a study recently published in the journal *Molecular and Cellular Biology*, scientists induced autophagy using the anti-tumor drug obatoclax while simultaneously blocking the production of p62 using a drug known as a cyclin-dependant kinase (CDK) inhibitor. Several experiments involving animal models and cultured [multiple myeloma](#) cells demonstrated that blocking p62 disrupted autophagy and killed far more cancer cells than administering the anti-cancer agents alone.

"Therapies that are designed to block the early stages of autophagy do not offer the possibility of exploiting its potentially lethal effects," says

Steven Grant, M.D., Shirley Carter Olsson and Sture Gordon Olsson  
Chair in Cancer Research, associate director for translational research  
and program co-leader of Developmental Therapeutics at VCU Massey  
Cancer Center. "Our strategy turns autophagy from a protective process  
into a toxic one, and these results suggest it could increase the  
effectiveness of a variety of cancer therapies that induce autophagy."

Critical to the success of this therapy is Bik, a protein that plays a  
significant role in governing [cell death](#) and survival. During cancer  
treatments, Bik accumulates in cancer cells until it triggers apoptosis.  
Normally, the cancer cells would induce autophagy and p62 would rid  
the cells of Bik by loading the proteins into degradation chambers known  
as autophagosomes for disposal. However, blocking p62 production  
results in an inefficient form of autophagy and the accumulation of Bik  
eventually causes the cancer cells to undergo apoptosis.

This research builds upon more than a decade of work by members of  
Grant's laboratory investigating novel treatment strategies and  
combination therapies that selectively kill multiple myeloma and other  
blood [cancer cells](#). The technology in his study has been made available  
for licensing through the VCU Office of Research.

"We are now working to identify additional CDK inhibitors that can be  
used to disrupt autophagy," says Grant. "The ultimate goal will be to  
translate these findings into a clinical trial to test the therapy in patients  
with various [blood cancers](#)."

**More information:** [mcb.asm.org/content/early/2014...  
383-13.full.pdf+html](http://mcb.asm.org/content/early/2014/.../383-13.full.pdf+html)

Provided by Virginia Commonwealth University

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